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#### ORIGINAL ARTICLE

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# The comparison of the rate of apical displacement in curved root canals using Neoniti and RaCe files by cone beam CT Scan

Comparação da taxa de desvio apical em canais radiculares curvos utilizando limas Neoniti e RaCe por meio de tomografia computadorizada cone beam (TCCB)

Mostafa GODINY<sup>1</sup>, Nafiseh NIKKERDAR<sup>2</sup>, Reza HATAM<sup>1</sup>, Leila SHAHSAVAND<sup>3</sup>, Atefeh KHAVID<sup>2</sup>

1 - Endodontics Department - Faculty of dentistry - Kermanshah University of Medical Sciences - Kermanshah - Iran.

2 - Oral and Maxillofacial Radiology Department - Faculty of Dentistry - Kermanshah University of Medical Sciences - Kermanshah - Iran.

3 - Dentistry Research Committee - Faculty of dentistry - Kermanshah University of Medical Sciences - Kermanshah - Iran.

#### ABSTRACT

Objective: There is a high prevalence of root canal transportation in the teeth with the curve. Effect of root canal transportation on the success of root canal therapy of tooth is negative and there is no study about comparing RaCe and Neoniti files in root canal transportation. The aim of this study is assessment and comparing two different RaCe and Neoniti files to determine transportation error in various parts of root using CBCT assessment and comparing them with each other. Material and Methods: In this experimental study 50 extracted mandibular molar teeth selected. Teeth were divided randomly into two groups i.e. 25 teeth threated with RaCe file (first group) and 25 teeth threated with Neonitu files (second group). CBCT images were used to measurement thickness of dentine, before and after instrumentation that obtain from NNT viewer 6.1.0 software. Results: In the first group, the mean tooth transportation in 5 mm of apex was 0.15 and, in the second group, the mean tooth transportation in 5 mm of apex was 0.18 mm. There was no statistically significant difference in canal transportation between RaCe and Neoniti files in five millimeters distant from apex area (p = 0.492) and the mean transportation from 9 mm of apex were 0.14 in the second group. There was no statistically significant difference in canal transportation between two groups (p = 0.911). Conclusion: In comparison of these two rotary files, both are equally safe regarding the extent of apical transportation.

#### **KEYWORDS**

Canal transportation; Curved canals; Cone bean CT scan; Rotary file.

#### **RESUMO**

Objetivo: Existe uma alta prevalência de desvio apical em canais radiculares curvos. O efeito do desvio apical no canal radicular sobre o sucesso da terapia endodôntica é desfvorável e não há nenhum estudo comparando as limas RaCe e Neoniti em relação ao desvio apical dos canais radiculares durante o preparo. O objetivo deste estudo é avaliar e comparar duas diferentes limas, RaCe e Neoniti, a fim de para determinar o erro de desvio em várias porções radiculares através de análise por TCCB e compará-los entre eles. Material e Métodos: Neste estudo experimental, 50 dentes molares mandibulares extraídos foram selecionados. Os dentes foram divididos aleatoriamente em dois grupos, ou seja, 25 dentes preparados com as limas RaCe (primeiro grupo) e 25 dentes preparados com limas Neoniti (segundo grupo). Neste estudo para medir a espessura da dentina através do escaneamento, antes e depois da instrumentação, ao mesmo tempo, usamos imagens axiais obtidas do software NNT viewer 6.1.0. Resultados: No primeiro grupo, o desvio apical médio a 5 mm do ápice foi de 0,15 e no segundo grupo o desvio apical médio a 5 mm do ápice foi de 0,18 mm, não havendo diferença estatisticamente significante entre as limas RaCe e Neoniti a cinco milímetros da porção apical (p = 0,492) e o transporte médio a 9 mm do ápice foi de 0,14 no segundo grupo não havendo diferença estatisticamente significante no desvio apical entre os dois grupos (p = 0,911). Conclusão: Os resultados indicaram que não houve diferença significativa no desvio apical médio entre dois sistemas de limas em 3, 9, 7, 5 e 11 mm do ápice e ambos as limas foram seguras.

#### **PALAVRAS-CHAVE**

Desvio apical; Canais curvos; Tomografia computadorizada; Limas rotatórias.

#### **INTRODUCTION**

leaning and shaping of tooth's root canal is the most step of root canal therapy [1-2] root canal shaping is the preparation of canal conically from coronal to apical with maintenance in the main path of the canal [2]. One of the problems in preparation of root canal therapy is a deviation from the main path of root canal especially in the canals with the curve that it occurs when inflexible instruments are utilized. Deviation from the main curve of the canal may lead to excessive and inappropriate removal of dentine [3], straightening of the path of canal and formation of a ledge in dentine wall [4], excessive preparation and weakness of tooth and thus root fracture [3]. Similarly, root transportation error is one of the most prevalent problems in the canals with the curve [5]. Root transportation error may be due to inadequate cleaning of tooth canal because of remain debris and microorganisms [6] and caused poor prognosis [7] and also it may probably lead to zipping or perforation of the canal [8]. One of the important challenges for dentists is the errors that occur during operation e.g. ledge and apical transportation and losing of length workening [9]. During recent years, using NiTi files has been increased because of simple and safe in an ability to root canal shaping and also decrease iatrogenic errors canals with the severe curve [9] and this files minimize errors and tiring in operator [10] and the chance for occurrence of some errors has been decreased [e.g. transportation, zipping, ledge and strip perforation] [11] and rate success of root canal therapy has been improved compared to stainless steel hand instruments [12]. The results of various studies have indicated that NiTi rotary files have acted better than stainless steel hand instruments to keep the main curve of the canal [13-18]. The rotary systems may be multiple files or a single file. One of the Neoniti (NEOLIX, Châtres-la-Forêt, France) single files which have been newly produced using a new machining technique (milling) of metal wire generated by Electrical Discharge Machining (EDM). One of the advantages of Neoniti is Lack of twisting effect in the root canal and it has been

made from a special alloy that allows the file to become flexible. This system has been produced in three different sizes (#20/0.08, #25/0.08 and#40/0.08) therefore it is recommended to use them at the speed of 300-500 rpm and torque (1.5 N/cm). This file has many advantages e.g. sharp cutting-edges, single-file technique and gothic tip design and made of abrasive properties [19]. One of the other types of rotary files is RaCe utilized consequently in several sizes ranging from small to large and it contains triangular section design with alternating cutting edges. It is claimed this device is not locked inside the canal and moreover cutting effect may be improved by electrochemical surface treatment. In studies about this file It has been reported that this file may keep the main curvature in the canal and it is safe for use [20-23]. With respect to the advantages of CBCT to assessment transportation [24], and high prevalence of canal transportation in canals with curve and negative effect of canal transportation in success of root canal therapy and abcsense of comparison of root canal transportation between RaCe and Neoniti files our aim was analyzing two different RaCe and Neoniti files for transportation error in various parts of tooth canal by using CBCT to assessment and comparison with each other.

#### **METHOD**

This is an in vitro study 50 first mandibular molar teeth with 15-30 degree curve that extracted because of carious and periodontal disorders were selected .inclusion criteria in this study was: apex closer, vertuch anatomy type 4 (separation two canal of a single root from coronal to apical areas), the minimum root length of 18mm and curve of canal (15-30°) and the exclusion criteria from this study was: Presence of external resorption, severe carious extensive to root surface, root fracture, internal resorption, canal calcification. for the selected teeth ( $K \neq 10$ ) files have been placed in mesiobuccal canal and radiography image was taken by parallel technique and lenght of tooth canal was recorded on tracing paper and amount of curve of canal according to the eshnaider technique was reported.one line trace parallel to the tooth long axis and The Second line starts from apex so that to cross with the first line on a curve of the canal [25]. Crown of teeth was measured up to length of 18mm from apex and cut by a diamond disk (Switzerland, Topsent). The length workening was determined 1mm less than this value for all teeth. Teeth were randomly divided into two groups including 25 teeth with RaCe file (first group) and 25 teeth with Neoniti file (second group). On the surface of the glassy jig with dimensions of  $6 \times 6$  cm [26] a wax layer was put so that apex of teeth not to be exposed to the glass. Then, samples were placed in triple rows and mounted by acrylic resin (Acropars, Marlic Dental, Iran). Teeth were totally mounted in 6 jigs (Figure 1). After selection and cleaning teeth from residual soft tissue and callus, teeth were clinically evaluated to absence of external reabsorption, severe extended carious to the root surface, root fracture and mature apex. Afterwards, teeth were located in formalin (10%) for disinfection and maintenance of conditions of samples. Cavity Access was prepared by high speed rotary instrument. An Orifice of canals was found by  $K \neq 10$  file. Figure 2 shows teeth with the canals in which curvature is 15-30 degree with at least 18mm as selected length.



Figure 1 - Teeth mounted on the jig (18 mm).

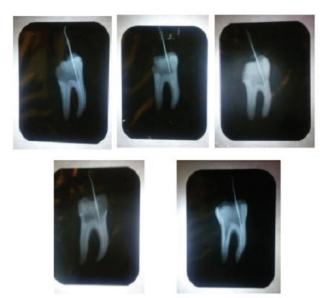


Figure 2 - Teeth with canals having 15-30 degree curvature and minimum length.

The mounted teeth were put in certain and repeatable positions in CBCT device and the water were used as a simulator for soft tissue and CBCT images were obtained before the operation. The images were obtained by Newtom VGI CBCT system (QR SRL Co. Verona, Italy) in which parameters of voxel size (axial pitch) have been designated as 0.150mm, the voltage of 110kv and 10.88mA with the time period of 5.4s and field of view  $6 \times 6$  cm.

File Instrumentation of samples of each group was done on by specific command presented by file Manufacturing Company. The operational processes are shown in Table 1. The CBCT images were taken from samples after an operation according to the same primary conditions in terms of direction and location of teeth in the given apparatus. Similarly, (X1-X2)-(Y1-Y2) formula was used for calculation of canal transportation (Table 2) [17].

Table 1	I - The	operational	processes	in both	studied groups
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Group	Operation processes
First group	The root canal shaping was done by rotary file RaCe (FKG, La Chaux-de-Fonds, and Switzerland). Namely, after creating a glide path with K files ≠10 and ≠15 (MANI, Japan) and irrigation the canal with sodium hypo chlorite (5.25%) and before using any device inside the canal, Rc prep prep, South Korea) was utilized. Then A20 files were 4% and 6% taper were used respectively irrigation canal among use of files, for removal of debris. As any file resis- tance sensation, we exited the given file slowly from the canal and opened the path by smaller hand instrument file and washing and utilization of rotary file was continued to reach to the working length and then they were irrigated again and afterwards file ≠25 was used with 6% taper to shape the canal. The files used inside and outside of canal during rotation. Residual Debris was removed by humid gauze from file any time outside from the canal. The speed was selected 500rpm for the rotary motor to this system with a torque of 1N/cm. the petals of any file were separated from any file once until petals were terminated for all files.
Second group	The root canal was prepared and shaped by Neoniti (NEO- LIX, Châtres-la-Forêt, France) file. In other words, after creating a glide path with K files ≠10 and ≠15 and irrigate the canal with sodium hypo chlorite (5.25%) and before using any device inside the canal Rc prep was utilized. Rotary file ≠25 was used with 8% of proximity. Among them, files were removed from the canal for irrigation and remove residual debris of canal. The rotary file was still used until it reached to the working length and then canal was irrigated again. The speed was selected 300rpm for the rotary motor with torque (1.5N/cm). Any file was utili- zed for more than 4 canals.

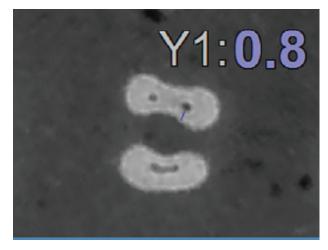
 Table 2 - Definition of parameters used for the calculation of canal transportation

Group	Operation processes						
X1	The minimum distance from the external wall in mesial part to an internal wall in mesial part of the canal with no instrumentation						
X2	The minimum distance from the external wall in mesial part to an internal wall in mesial part of the canal with instrumentation						
Y1	The minimum distance from the external wall in distal part to an internal wall in distal part of the canal with no instrumentation						
¥2	The minimum distance from the external wall in distal part to an internal wall in distal part of the canal with instru- mentation						

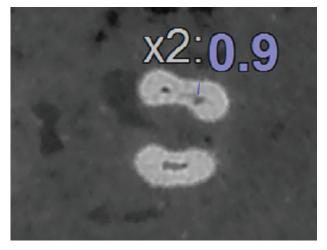
Using NNT viewer 6.1.0 (New Tom, QR S.r.1.Co., Verona, Italy) software, axial images were displayed beside each other to measure dentinal thicknesses in scan before and after instrumentation at the same time and we could achieve length sizes of 3, 5, 7, 9 and 11 mm of apex by playing up or down these images and calibrations were done and canal transportation was calculated (Figures 3 to 6).



Figure 3 - Measurement of mesial and distal distances from the root to canal with no instrumentation.



**Figure 4 -** Measurement of mesial and distal distances from the root to canal with instrumentation.



**Figure 5 -** Measurement of mesial and distal distances from the root to canal with no instrumentation.



Figure 6 - Measurement of mesial and distal distances from the root to canal with no instrumentation.

The data obtained from the present study were analyzed by descriptive and inferential statistics in two parts. In the section of descriptive statistics, criteria such as central tendency and dispersion were reported with the table. In inferential statistic part, the normality of data was analyzed using the Kolmogorov-Smirnov test. With respect to the normal distribution of data (p-value> 0.05) and for comparison between two files, Independent T-test (two samples) was employed. Likewise, in order to compare canal transportation within different distances from an apex, repeated measures test was USA) software was used for data analysis. The significance level was considered at 0.05 in this study.

utilized. SPSS Version 18.0 (Inc., Chicago, Il,

#### RESULTS

The mean transportation value d in 3 mm distance from an apex of the first group is (0.12) and the mean transportation in 3mm distance from an apex of the second group is (0.14). Analysis of these data indicated that there was no statistical significant difference in canal transportation between two RaCe and Neoniti files on 3 mm distance from an apex (p = 0.633). Likewise, the mean transportation in 5 millimeters distance from the apex is 0.15 in the first group and the mean transportation rate locating at 5 mm distance from the apex is measured 0.18 in the second group and analyses of these data showed there was no statistically significant difference in canal transportation between two RaCe and Neoniti files in five millimeters distance from apex (p = 0.492). The given mean transportation in seven millimeters from apex is 0.15 in the first group while the mean transportation in seven millimeters from apex is 0.19 in the second group. The analysis on these data indicated that there was no statistically significant difference in canal transportation between two RaCe and Neoniti files in seven millimeters distance from an apex (p = 0.256). The mean transportation rate in nine millimeters distance of apex in the first group is 0.15 while the rate of mean transportation in nine millimeters distance of apex in the second group is 0.14. The analysis of data showed that there was no statistically significant difference in canal transportation among two RaCe and Neoniti files in ninemillimeter distance from apex (p = 0.911). The mean rates of canal transportation in 11 mm distance from an apex were 0/13 and 0.14in the first and second groups, respectively. Analysis conducted on these data indicated that there was no statistically significant difference among RaCe and Neoniti files in 11 mm distance from the apex (p = 0.754).

Therefore, there was no statistically significant difference within various distances from the apex in RaCe file (0.911). At the same time no statistically significant different was seen in canal transportation from the apex in Neoniti file (p = 0.378) (Table 3).

**Table 3** - Mean and standard deviation for canal transportation

 separately based on the type of file and distance from an apex

Group	3 mm		5 mm		7 mm		9 mm		11 mm		p-val- ue†
X1	Mean	SD									
RaCe	.12	.11	.15	.16	.15	.13	.15	.12	.13	.14	0.911
Neoniti	.14	.13	.18	.13	.19	.14	.14	.13	.14	.13	0.378
p-valuef§	0.633		0.492		0.256		0.911		0.754		

#### DISCUSSION

The aim of the current study was to compare the rate of canal displacement in tooth root by two different RaCe and Neoniti files in mesiobuccal canals of first mandibular molar teeth. The root canal shaping should be conical from coronal to apical of the tooth with keeping the main path of the canal [2]. RaCe file is one of the multi-file rotary systems with triangular cross section and alternating cutting edges. This instrument is not locked inside the canal and additionally cutting effect of this file improved by electrochemical surface treatment [20]. Vlassis M and Schafer E carried out a study on 48 molar teeth in maxilla and mandible with the curve (25-35degree) and concluded that Race might keep concentricity of canal better than ProTaper [22]. In other studies it was reported that RaCe files could keep the main curve in the canal and was safe to use [20-23]. The single-file rotary system may be divided according to their motion into rotating and reciprocating files. Reciproc and WaveOne files are reciprocal rotary files that cleaning root canals with one file. These files have been made of a special type of NiTi alloy called M-Wire that cause flexibility and resistance to fatigue [27]. Neoniti files have been produced using as new machining technique (miling) for metal wire by electrical discharge machining

[28]. These files are high flexibility and have not usual metallic memory of metal and fast recovery to the primary state. This propertice probably related to employing EDM is process and suitable thermal cycling used in making these files that may lead to the high flexibility of files in this system [26]. Given new Neoniti file, few studies have compared transportation rate in this file. Findings of this in vitro study are consistent with study done by Moazzami et al. [26] who have compared canal transportation of 45 maxillary molars with curved (15-30°) between two single files of Neoniti and Reciproc by using of CBCT so that both of these files are safe, but in the current study, samples have been selected from mandibular first molar where other studies have less analyzed this field and at the same time we compared among Neoniti and RaCe files as the safe files. Forghni et al. [29] assessment root canal shaping between two neolix and protaper systems in which lesser transportation was observed in the neolix group [29]. This issue is consistent with the present research. However in Forghni et al. [29] study were utilized glassy blocks instead of teeth samples and they used analysis of transportation with stereomicroscope before and after instrumentation while in present study human dental samples were used and CBCT image was obtained as the newest and most preciset technique of root canal assessment.

Also, Madani et al. [30] Evalued Neoniti and protaper transportation by using CBCT in which there was no significant difference between two groups and both files were safe. There was agreement among the results of our study but in their study maxillary molar teeth were also used. Thus we used the mandibular first molar teeth in current research. As it mentioned, the aim of the present study was to compare the rate of deviation in a mesiobuccal canal of mandibular first molar teeth using Neoniti and RaCe rotary files. The results of a comparison of transportation among two rotary files (Race, Neoniti) obtain from CBCT images indicated that there was no statistically significant difference in 3mm distance from the apex and also no statistically significant difference was observed in distances of 3, 5, 7, 9 and 11mm of the apex. With respect to all of the above-said cases, both files are safe, Neoniti file is better than RaCe file because it is a single file with faster preparation speed [22, 31] and due to the modern technique for production. Collection of necessary samples was one of the limitations in this study and this study was done on extracted teeth and this condition is surely different from clinical conditions and cannot give additional radiation exposure to the patient and at the same time it is more difficult to manage the condition in a clinic.

#### **CONCLUSION**

In comparison of these two rotary files, both are equally safe regarding the extent of apical transportation.

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Atefeh Khavid (Corresponding address) Oral and Maxillofacial Radiology Department Faculty of Dentistry Kermanshah University of Medical Sciences, Kermanshah, Iran. Email: atefekhavid@gmail.com

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