

Growth rate of the cell populations of the rat sublingual gland during the early postnatal period

Taxa de crescimento das populações celulares da glândula sublingual de rato durante o período posnatal inicial

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ABSTRACT

The development of the rat sublingual gland during the first month of postnatal life was analyzed by morphometry. The absolute number of cells in the various morphological glandular compartments - mixed acini with serous demilunes, intercalated ducts, striated ducts and stroma - was determined by the Aherne II morphometric method for particle counting. The data of fresh glandular volume and the number of cells were analyzed by linear, exponential and parabolic regression, with the best fits being obtained with the linear equation. Based on these equations, the growth rate of glandular volume and of each cell population was calculated. Glandular volume increased about 12-fold during the period from 2 to 30 days of postnatal life, corresponding to a rate of 1.34 mm³/day. This volumetric growth of the gland was mainly due to significant 16-, 10-, 4-, 7- and 8-fold increases in the absolute number of mucous acinar, serous demilune, intercalated duct, striated duct and stromal cells, corresponding to a growth rate of 301 x 10³, 228 x 10³, 19 x 10³, 54 x 10³ and 247 x 10³ cells/day, respectively. Based on the present results, we conclude that the mucous and serous cell populations of the mixed acini grew at a rate close to that of stromal cells, but considerably higher than that obtained for the intercalated duct and striated duct populations, with the lowest growth rate being observed for the intercalated duct cell population.

UNITERMS

Development, sublingual gland, proliferation, rat.

INTRODUCTION

In contrast to the high degree of immaturity of the rat parotid and submandibular glands at birth, its sublingual glands already consist of the definitive, although morphologically still immature, epithelial structures - i.e., mixed acini, intercalated ducts, striated ducts and excretory ducts¹⁵. Thus, cytodifferentiation of the cells of these structures occurs during the fetal period^{17,20,21,27}.

The fresh mass of the rat sublingual gland increases by more than 1000% during the first thirty

days of postnatal life, and its parenchymatous structures develop morphologically until reaching a pattern similar to that of the adult animal at the end of this period^{15,26}.

Biochemical, morphometric and autoradiographic studies carried out in our laboratory have shown that the growth of this gland is mainly the result of an increase in the absolute number of cells due to proliferative activity in the various glandular morphological compartments^{7,23,26}. Although the proliferation rate and the cell duplication time have been determined for each compartment of the rat

sublingual gland²⁴, the growth rate (velocity of growth) of these cell populations during this period of ontogenetic development is still unknown.

In this study, we determined the evolution of glandular volume and of the number of cells in each glandular compartment during the first thirty days of postnatal life. Based on the equations that best fitted these data to age in days, the growth rate (velocity of growth) of glandular volume and of each cell population during this period was calculated.

MATERIAL AND METHODS

Twenty four Wistar rats (*Rattus norvegicus*) of both sexes 2,5,10,15,20 and thirty days old (four rats/age group) were used. The litters remained with their mothers until day twenty of postnatal life. The pregnant female, the dams with litters and weaned litters were treated with water and pelleted chow ad libitum.

The glands were always collected between 10:00 and 12:00 a.m. to avoid circadian variations. The rats were killed by excessive ether inhalation and the body mass of each animal was determined. The sublingual glands of each rat were carefully removed and immediately weighed. The gland were fixed in Helly's solution for 3 hours, washed overnight in running water, dehydrated in ethanol, cleared in xylene and embedded in paraffin. Alternate sections 5µm thick were obtained at of 50µm intervals of each rat and stained with hematoxylin and eosin.

Determination of the processed gland volume

The volume of the sublingual gland (V) was calculated using the formula $V = m/\delta$, where m = fresh gland mass in mg and δ = gland density in mm³/mg. Knowing the fresh gland volume (V) and correction factor (Sf) for the shrinkage caused by histological processing, the processed gland volume (Vp) was calculated by formula $Vp = V \times Sf$. The gland density (δ)* was determined by measuring glands of 6 young adults rats, using Mettler Toledo scale with accessories for density determination and the correction factor (Sf)* for the retraction caused by laboratorial procedures was evaluated in gland of other six young adults rats, using the method of Taga & Sesso²³ (1978).

Determination of absolute number cells

The morphometric counting were made using a Zeiss 8x Kpl eyepiece containing an integration graticle with ten parallel line and hundred points symmetrically distributed in quadrangular area, and a 100x oil immersion objective in an Olympus light microscope. In forty histological fields per rat obtained by systematic randomization, we scored the number of nucleus images (n) of each cell type and the number of intersections (c) of the contours of the nuclei with the lines of the graticle. The absolute number of each cell type in the gland (Ni) was calculated using the formula $Ni = \frac{2n \cdot Vp}{A [(c/n) \cdot d + 2t]}$ (Aherne & Dunnill¹, 1982),

where Vp = gland processed volume, d = distance between graticle lines, A = total area examined and t = section thickness.

The number of 40 histological fields per rat was assessed using the multiple X² sample homogeneity test with probability level of 5%²⁴.

STATISTICAL ANALYSIS

The data of gland volume and number of cells for each age group were compared with those of the other groups by analysis of variance (ANOVA) and pairwise multiple comparison procedures (Student-Newman-Keus test) using version 1.0 of the Sigma Stat software (Jadel Scientific) for Windows. These data were submitted to fitting by linear, exponential and parabolic regression with the Arcus Professional Statistical Analysis software, version 2.0 XTc. The goodness of fit was assessed using the coefficient of determination (r²)

RESULTS

The evolution of glandular volume and of the number of cells in the different morphological compartments of the rat sublingual gland during the first month of postnatal life are shown in Table 1 and the best fit equations obtained for the data are presented in Table 2. Glandular volume markedly increased about 12-fold during the period studied, from 3.6 mm³ at day 2 to 42.4 mm³ at day 30 of development. The linear equation mathematically representing the evolution of glandular volume as a function of age in days was $Y = -2.55 + 1.34x$ (r² = 0.90), and the growth rate calculated was 1.34 mm³/day.

All cell populations played a significant role in this gland growth, markedly due to proliferative activity. In this respect, the number of mucous, serous demilune, intercalated duct, striated duct and stromal cells increased, respectively, about 16-fold (from 57.4×10^4 to 910.4×10^4 cells), 10-fold (from 68.5×10^4 to 718.8×10^4 cells), 4-fold (from 18.9×10^4 to 79.4×10^4 cells), 7-fold (from 26.1×10^4 to 181.8×10^4 cells) and 8-fold (from 96.7×10^4 to

769.6×10^4 cells). The linear equations that mathematically express this cell population growth are shown in Table 2.

The cell population growth rate or velocity of cell accumulation calculated based on the respective equation was 301×10^3 , 228×10^3 , 19×10^3 , 54×10^3 and 247×10^3 cells/day for the mucous, serous demilune, intercalated duct, striated duct and stromal cell populations, respectively.

Table 1 – The evolution of glandular volume and of the number of cells in the different morphological compartments of the rat sublingual gland during the first month of life

| PARAMETER | PERIOD IN DAYS | | | | | |
|--------------------------------------|----------------|---------------|---------------|---------------|---------------|---------------|
| | 2 | 5 | 10 | 15 | 20 | 30 |
| Gland volume (mm ³) | 3.58 ± 0.045 | 6.21 ± 0.786 | 9.52 ± 0.323 | 11.11 ± 0,403 | 21.84 ± 1.576 | 42.42 ± 1.872 |
| Cell Number (x10⁴) | | | | | | |
| Mucous cells | 57.4 ± 2.51 | 146.5 ± 24.86 | 228.3 ± 5.86 | 304.7 ± 11.29 | 564.1 ± 12.63 | 910.4 ± 33.34 |
| Serous demilune cells | 68.5 ± 4.62 | 167.0 ± 15.72 | 206.2 ± 10.81 | 284.3 ± 11.17 | 478.7 ± 6.06 | 718.8 ± 46.3 |
| Intercalated duct cells | 18.9 ± 1.33 | 47.4 ± 6.34 | 53.9 ± 6.63 | 53.7 ± 3.10 | 72.7 ± 3.5 | 79.4 ± 6.46 |
| Striated duct cells | 26.1 ± 1.87 | 54.5 ± 8.76 | 55.3 ± 8.19 | 71.3 ± 5.27 | 123.6 ± 12.39 | 181.8 ± 11.68 |
| Stromal cells | 96.7 ± 4.82 | 172.9 ± 34.72 | 225.2 ± 11.41 | 341.2 ± 26.97 | 569.0 ± 36.28 | 769.6 ± 70.68 |

* Mean ± standard error of mean

Table 2 – Equations obtained by regression analysis for cell number of each compartment of sublingual gland from 2 to 30 days of postnatal period

| Dimension | Equation | r ² |
|--|------------------------|----------------|
| Glandular Volume (mm ³) | $y = - 2.55 + 1.34x$ | 0.89 |
| Number of Cells (x10⁴) | | |
| Mucous cells | $y = - 43.30 + 30.14x$ | 0.95 |
| Serous Demilune cells | $y = 9.29 + 22.78x$ | 0.94 |
| Intercalated duct cells | $y = 28.71 + 1.88x$ | 0.69 |
| Striated duct cells | $y = 11.96 + 5.38x$ | 0.87 |
| Stromal cells | $y = 24.80 + 24.71x$ | 0.90 |

DISCUSSION

The sublingual gland of the laboratory albino rat, like the similar human gland, is classified histologically into a mixed, predominantly mucous, tubuloacinar gland. This gland consists of terminal secretory units which show a volumetric predominance of mucous cells over serous demilune cells, and a highly branched system of intercalated, striated and excretory ducts^{10,14,18}.

The mucous cells possess a basal flattened nucleus, basal rough endoplasmic reticulum and weakly electron-dense mucus granules containing the mucins called sublingual mucins^{27,28}, filling almost the entire cytoplasm^{10,14,18}. In contrast, the serous demilune cells show a central spherical nucleus, basal endoplasmic reticulum and apical electron-dense secretory granules^{14,18} containing proteins called common salivary protein 1 (CSP-1) and neonatal submandibular gland proteins B and D (SMGB and SMGD)^{4-6,12,16,27,28}.

All these structures of the rat sublingual gland differentiate during the last days of prenatal development^{3,17,19,27}. Thus, all epithelial cell types characteristic of the adult gland are already present at birth, although they are still immature^{3,15,24,26}.

The fresh mass of the rat sublingual gland shows a marked increase of more than 1000% during the first 30-40 days of postnatal life²⁴, following an isometric pattern of allometric growth¹³. The secretory, myoepithelial and ductal cells of the gland mature morphologically until reaching the adult pattern at the end of this period²⁶.

In the present study, glandular volume increased about 12-fold between day two and day thirty of postnatal life, corresponding to a growth rate of 1.34 mm³/day calculated based on the $Y = 0.55 + 1.34 \times$ equation. It should be pointed out that all morphological glandular compartments - mucous portion of the tubules and acini, serous demilunes, ducts and stroma - participate in this volumetric growth of the gland by increasing significantly their absolute volume¹³.

Studies using biochemical analysis of total DNA⁷, morphometry for the determination of the total number of cells and the number of cells in each morphological compartment²⁴, and ³H-thymidine radioautography for the determination of the proliferation rate in the gland and in its various glandular compartments^{24,26} have shown that this

volumetric gain is mainly due to proliferative activity, notably of their secretory cells. Using the last method, Taga & Sesso²⁴ (1998) obtained proliferation rates, i.e., ³H-thymidine labeling indices, of 9.5, 5.8, 7.2, 3.3 and 4.3% for the mucous, serous demilune, intercalated duct, striated duct and stromal cell populations, respectively, during the period from 2 to 30 days of postnatal development life. In addition, the duplication time of the number of cells in the various compartments, which gives an indirect idea of the numerical compartmental growth rate, was 7.5, 9.0, 16.9, 10.8 and 9.5 days, respectively.

In the above cited work²⁴, it was observed correlation between proliferative activity and the duplication time for the mucous, demilune serous and stromal cells, however, this correlation did not occur for intercalated and striated duct cells. The intercalated duct cells showed the second highest proliferative activity but a lowest cell accumulation rate (the longest duplication time) and the striated duct cells exhibited the lowest proliferative activity but a highest rate of cell accumulation (the third shortest duplication on time), markedly higher than that in the intercalated ducts, indicating that the cells produced in intercalated ducts migrate to the striated ducts.

The number of cells obtained in the present study for the different morphological compartments was slightly higher for all age groups than those reported in the investigation cited above. The growth rate or velocity of growth of the various cell populations calculated based on the respective regression equation was, in decreasing order, 301×10^3 , 247×10^3 , 228×10^3 , 54×10^3 and 19×10^3 cells/day for the acinar, stromal, serous demilune, striated duct and intercalated duct cells, respectively, i.e., both secretory cells and stromal cells showed the highest velocities of growth during the first month of postnatal development of the rat sublingual gland. On the other hand, intercalated duct cells presented the lowest velocity, which was 65% lower than that observed for the striated duct cell population.

Since, Taga & Sesso²⁴ showed that the proliferation rate of intercalated duct cells is quite high, i.e., more than twice that of striated duct cells during the same period, the results described here are also favorable to the hypothesis proposed in other studies^{2,8,9,11,22,25,29} that, during the postnatal development of the major salivary glands of the rat and

mouse, the intercalated ducts produce excess cells which migrate to the striated ducts.

CONCLUSION

Based on the results described here, we conclude that the mucous and serous demilune cell

populations of the rat sublingual gland during postnatal development grew at a rate close to that of stromal cells, but considerably higher than that of the intercalated duct and striated duct cell populations, with the lowest growth rate being observed for the intercalated duct cell population.

RESUMO

O desenvolvimento da glândula sublingual do rato durante o primeiro mês de vida pós-natal foi analisado pela morfometria. O número absoluto de células nos vários compartimentos morfológicos glandulares - ácinos mistos com demiluas serosas, ductos intercalares, ductos estriados e estroma - foi determinado usando o método morfométrico II de Aherne de contagem de partículas. Os dados de volume glandular à fresco e de número de células foram analisados pela regressão linear, exponencial e parabólica, sendo que os melhores ajustes foram obtidos pela equação linear ($Y = a + bx$). De posse dessas equações calculamos a velocidade de crescimento de volume glandular e de cada população celular. O volume glandular cresceu ao redor 12 vezes no período de 2 a 30 dias de vida pós-natal, a uma velocidade de 1,34 mm³/dia. Esse crescimento volumétrico da glândula se deveu em grande parte ao aumento significativo ao redor de 16 vezes, 10 vezes, 4 vezes, 7 vezes e 8 vezes, respectivamente, no número absoluto de células acinosas mucosas, das demiluas serosas, dos ductos intercalares, dos ductos estriados e estromais, a uma velocidade, respectivamente, de 301 x 10³ células/dia, 228 x 10³ células/dia, 19x10³ células/dia, 54 x 10³ células/dia e 247 x 10³ células/dia. Baseados nos resultados apresentados aqui, concluímos que durante o desenvolvimento pós-natal das glândulas sublinguais do rato, as populações de células mucosas e serosas dos ácinos mistos crescem com velocidades próximas a das células estromais, mas sensivelmente maiores do que as das populações dos ductos intercalares e dos ductos estriados, sendo que a população que exibe a menor velocidade de crescimento é a dos ductos intercalares.

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Desenvolvimento; glândula sublingual; proliferação; rato

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