







SYSTEMATIC REVIEW

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# Management of the maxillary sinus complications after dental implantation: a systematic review and meta-analysis

Tratamento das complicações do seio maxilar após cirurgia de implante dentário: Revisão Sistemática e Meta-Análise

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### **ABSTRACT**

Background and aim: Endoscopic sinus surgery owing to its satisfactory prognosis and low complication is considered as the first line of surgical procedure. Implant failure is often reported despite efforts in recent years. The purpose of this study was to review the factors leading to side effects in dental implantation of the maxillary sinus. Material and Methods: The systematic search was performed on electronic databases of MEDLINE, PubMed, Cochrane Library, Embase, ISI, Google scholar to find corresponding articles regarding dental literature during 2010 to 2019. Electronic title management was carried out by Endnote X9 software. Searches were based on the keywords of "dental implants", dental"," maxilla", "Implants"," **Results:** The searched potentially relevant titles and abstracts were related to 294 articles, 104 of which were excluded due to lack of study inclusion criteria. At last, 11 articles were included into the final analysis. Postoperative sinusitis was found in 78 patients within 9 articles among 1195 patients. The implant failure was reported in 136 cases and the sinus membrane perforation in 185 sinuses within 11 articles among 1372 sinus lift procedures. Conclusion: The findings showed that the risk factors of sinusitis after implant surgery were Schneiderian membrane rupture and preoperative sinusitis, as well as smoking and residual bone height were the parameters elevating the dental implant failure risk.

# **KEYWORDS**

Sinusitis; Dental implants; Implant failure.

#### **RESUMO**

Justificativa e objetivo: A cirurgia endoscópica do seio maxilar, devido ao seu prognóstico satisfatório e baixa complicação, é considerada a primeira opção cirúrgica. A falha do implante é frequentemente relatada, apesar dos esforços realizados nos últimos anos. O objetivo deste estudo foi revisar os fatores que levaram a efeitos colaterais no implante dentário do seio maxilar. Material e Métodos: A busca sistemática foi realizada nas bases de dados eletrônicas do MEDLINE, PubMed, Cochrane Library, Embase, ISI, Google Scholar para encontrar artigos correspondentes sobre literatura odontológica no período de 2010 a 2019. O gerenciamento eletrônico de títulos foi realizado pelo software Endnote X9. As pesquisas foram baseadas nas palavras-chave "implantes dentários", "implantes", "dentário", "maxila", "sinusite". Resultados: Os títulos e resumos potencialmente relevantes pesquisados foram relacionados a 294 artigos, 104 dos quais foram excluídos por falta de critérios de inclusão no estudo. Por fim, 11 artigos foram incluídos na análise final. Sinusite pós-operatória foi encontrada em 78 pacientes em 9 artigos entre 1195 pacientes. A falha do implante foi relatada em 136 casos e a perfuração da membrana sinusal em 185 seios, em 11 artigos, entre 1372 procedimentos de elevação sinusal. Conclusão: Os achados mostraram que os fatores de risco para sinusite após cirurgia de implante foram ruptura da membrana Schneideriana e sinusite pré-operatória, assim como tabagismo e altura óssea residual, os quais foram considerados parâmetros que elevaram o risco de falha do implante dentário.

# **PALAVRAS-CHAVE**

Sinusite; Implantes dentários; Falha, implante.

#### INTRODUCTION

ental implantation is globally fulfilled by various approaches along with the rapid advancement in the implantation technology [1]. The mandibular implants are stable support for maxillary implant insertion to be used as a solid base for implantation when maxillary thinning [2]. Prior to maxillary sinus implantation, it should be controlled by the elevation of maxillary sinus mucosa via the sinus lift procedure [3]. During the maxillary implants, the maxilla is thickened by bone grafts as bone transplantation in the presence of excessive maxillary pneumatization [4], thereby increasing the dental implant success rate [5]. The dental implant-induced chronic maxillary sinusitis can occur due to some reasons, such as oroantral fistula organization, postoperative the implant-stimulated obliteration, penetration, foreign body reactionsinus caused dental implant or bone graft dislocation, unwanted graft infection, preoperative chronic rhinosinusitis and Schneiderian membrane perforation. Endoscopic sinus surgery owing to its satisfactory prognosis and low complication is considered as the first line of surgical procedure [6]. Implant failure is often reported despite efforts in recent years. The purpose of this study was to review the factors leading to side effects in dental implantation of the maxillary sinus.

#### **MATERIAL AND METHODS**

The PRISMA statement was used to design and implement the current systematic review and meta-analysis. Systematic review of selected 11 articles was evaluated to draft the study protocol. The initial search results were recorded in a preprepared data extraction forms.

# Search strategy

The systematic search was performed on electronic databases of MEDLINE, PubMed, Cochrane Library, Embase, ISI, Google scholar to find corresponding articles regarding dental literature during 2010 to 2019. Electronic title management was carried out by Endnote X9 software. Searches were based on the keywords of "dental implants", "Implants"," dental"," maxilla", "sinusitis".

# Study inclusion and exclusion criteria

The study inclusion criteria included:

- 1. Dichotomous data of articles properly reported on sinusitis before and after surgery
- 2. Dichotomous data of articles properly reported on implant failure before and after surgery
- 3. Dichotomous data of articles properly reported on sinus membrane perforation before and after surgery
- 4. Data of articles properly reported on sinusitis and dental implants
  - 5. All language

The study exclusion criteria included:

- 1. Case reports or case series
- 2. Review articles
- 3. Articles containing questionnaire data
- 4. Correct target contents with no data reporting
  - 5. Studies related to animal experiments

# Extraction of data and method of analysis

The required data were extracted according to author names, study design, observation period, publication year, number of procedures, patients, sinusitis, dental implant failures and Follow-up. Random effects model was used for data analysis and calculation of summarized ORs with 95% confidence interval (95%CI) and considering interand intra-study variance. Comprehensive Meta-Analysis Stata V14 software was performed to analyze heterogeneity (I2) of RCTs, meta-analysis (weighted mean difference 95%CI) and forest plots.

#### **RESULT**

The searched potentially relevant titles and abstracts were related to 294 articles. In the first selection phase, 81 articles were excluded due to irrelevance of titles and abstracts. In the second selection phase, the full-text of remaining 213 articles was reviewed. Totally, 104 articles were excluded due to lack of study inclusion criteria. At last, 11 articles were included into the final analysis (Figure 1). Individual studies enrolled in this meta-analysis are shown in Table I.

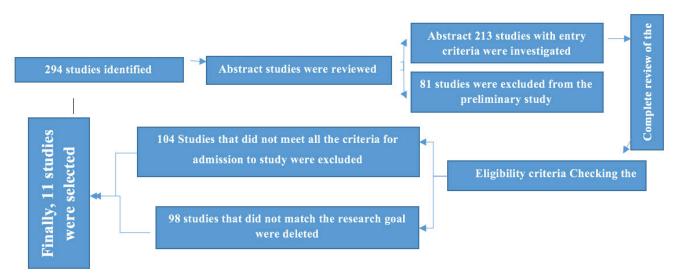


Figure 1 - Flowchart for the study selection.

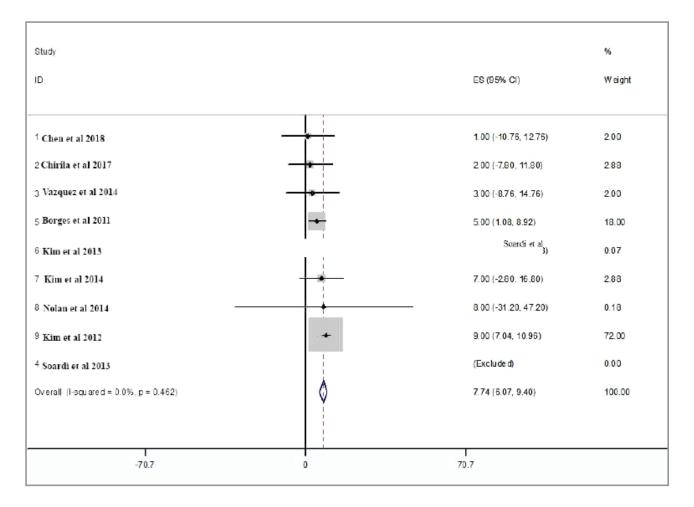
**Table I -** Demographics of individual studies in this meta-analysis

Authors	Methodology	Duration of Follow-up, Month	Total No.of Patients	Sinusitis	Perforation of Sinus Membrane	Total No. of Sinuses	Implant Failure	Total No. of Implants
Chen et al[6], 2018	Prospective cohort study	36	84	6	6	NA	0	NA
Kozuma et al[7],2017	Observational study	60	109	NA	18	121	8	252
Chirila et al[8],2016	Retrospective study	36	116	5	1	151	5	245
Guerrero et al[9],2015	Retrospective study	NA	68	NA	13	101	16	141
Vazquez et al[10], 2014	Retrospective study	108	127	6	52	202	9	364
Soardi et al[11],2013	Retrospective study	216	256	0	3	323	19	376
Borges et al,[12],2011	Prospective study	12	15	2	2	30	1	53
Kim et al[13], 2013	Retrospective study	72	259	33	90	338	69	643
Kim et al[14],2014	Retrospective study	48	60	5	17	65	9	65
Nolan et al[15],2014	Retrospective stud	48	208	20	150	359	24	359
Kim et al[16],2012	Prospective study	NA	70	1	2	70	0	70

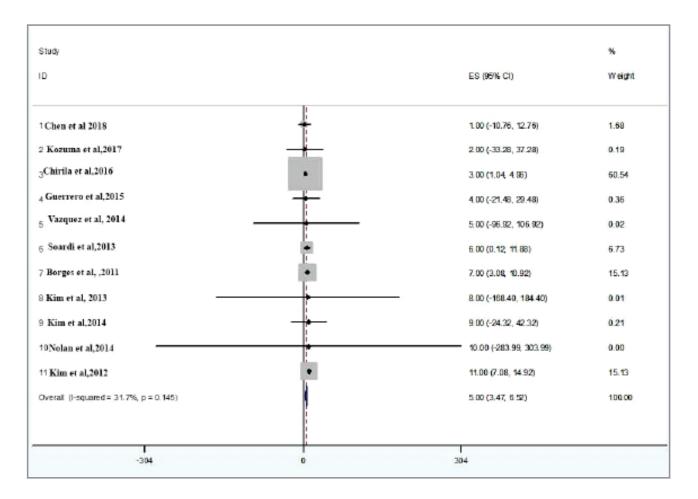
Postoperative sinusitis was found in 78 patients within 9 articles among 1195 patients (Figure 2). The sinus membrane perforation was reported in 185 sinuses (Figure 3) and the implant failure in 136 cases (Figure 4) within 11 articles among 1372 sinus lift procedures.

In conditions affecting postoperative sinusitis, 2 studies with sample size of 323 were related to preoperative sinusitis (Figure 5A), 4

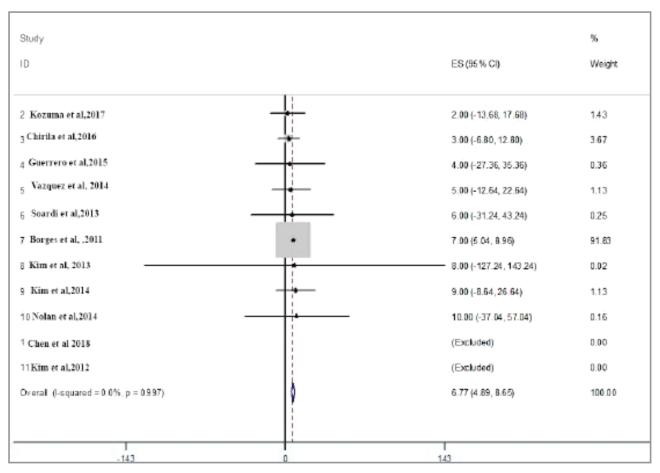
studies with sample size of 644 were related to intraoperative Schneiderian membrane perforation (Figure 5B), 2 studies with sample size of 236 were related to smoking and diabetes mellitus (Figure 5C and Figure 5E), 1 study with sample size of 109 was related to sex and coexistence of dental implant surgery (Figure 5D and Figure 5F).



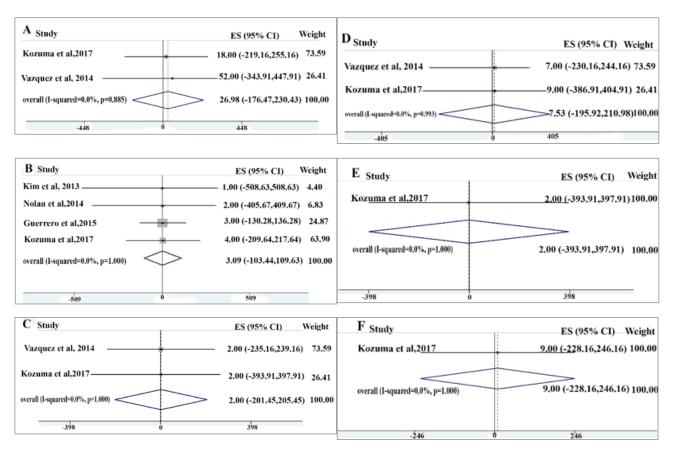
**Figure 2 -** Overall rates of postoperative sinusitis Heterogeneity chi-squared = 6.69 (d.f. = 7) p = 0.462 I-squared (variation in ES attributable to heterogeneity) = 0.0% Test of ES=0: z = 9.12 p = 0.000.



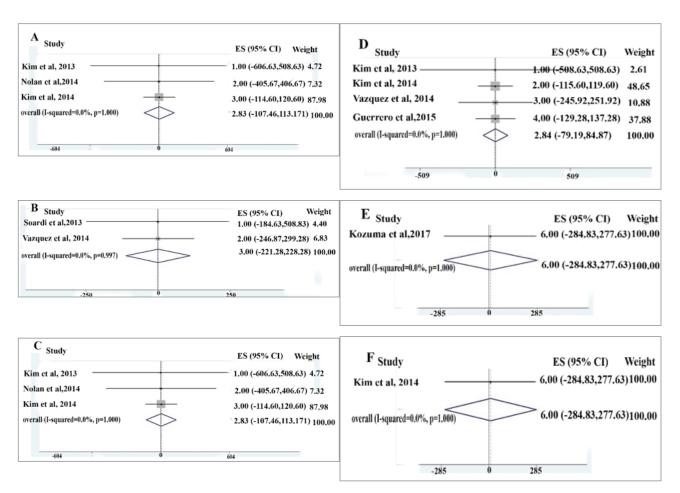
**Figure 3 -** Perforation of the Schneiderian membrane Heterogeneity chi-squared = 14.65 (d.f. = 10) p = 0.145 l-squared (variation in ES attributable to heterogeneity) = 31.7% Test of ES=0 : z= 6.43 p = 0.000



**Figure 4 -** Perforation of the failure of dental implant. Heterogeneity chi-squared = 1.13 (d.f. = 8) p = 0.997 l-squared (variation in ES attributable to heterogeneity) = 0.0% Test of ES=0: z = 7.07 p = 0.000



**Figure 5 -** Forest plots showing the relationship between postoperative sinusitis and each of the following primary outcomes: A: preoperative sinusitis, B: perforation of the Schneiderian membrane, C: smoker, D: diabetes mellitus, E: sex, F: simultaneity of dental implant surgery.



**Figure 6 -** Forest plots showing the relationship between dental implant and each of the following primary outcomes: A: perforation of the Schneiderian membrane, B: smoker, C: sex, D: dental implant surgery, E: surgical approach for dental implantation, F: age.

3 studies with sample size of 527 were related to intraoperative Schneiderian membrane perforation (Figure 6A), 2 studies with sample size of 383 were related to smoking (Figure 6B), 3 studies with sample size of 527 were related to sex (Figure 6C), 4 studies with sample size of 595 were related to co-existence of dental implant surgery (Figure 6D), 1 study with sample size of 109 was related to surgical procedure (Figure 6E), and other study with sample size of 60 were related to age (Figure 6F).

The postoperative sinusitis was affected only by intraoperative Schneiderian membrane perforation and preoperative sinusitis, but not by gender and smoking. The dental implant failure was affected only by maxillary residual bone height and smoking.

## **DISCUSSION**

According to the findings from our analysis, the total incidence rate of postoperative sinusitis was estimated at 3%, and the total incidence rate of dental implant failure was 5%. It should be noted that the presence or absence of postoperative sinusitis was shown to be significantly influenced by the preoperative sinusitis. Moreover, the total incidence rate of sinus membrane perforation was calculated to be 17%. Our results revealed that the risk of sinusitis was reduced significantly in the absence of Schneiderian membrane perforation. The smoking may not significantly trigger sinusitis, but many inflammatory responses like marginal bone loss and peri-implantitis may develop the implant failure [10]. The smoking can reportedly

slow down the wound healing probably due to implant failure, in line with our findings [17]

Implant loss and postoperative infection can occur in the presence of sinus augmentation via a lateral open approach because of preoperative chronic sinusitis [18].

In a study of Fabbro et al., the survival rate of dental implants co-inserted by sinus augmentation cannot be influenced preoperative maxillary sinus pathology [18] such as mucosal thickening (61.4%) found in 35 patients [19]. An otolaryngologist should deal with the elimination of adverse effects, such as rhinosinusitis, after dental implantation and the consideration of preventative actions prior to the implantation [20]. Pignataro et al. recommended three stages for a successful otolaryngologist while performing the sinus lift procedure, including preventative diagnosis, preventative therapy and diagnostic therapy [20].

The maxillary sinus develops postoperative hematoma or edema, hereby resulting in natural maxillary sinus ostial blocking and thus developing the sinusitis [7]. In accordance with the reports of Chen et al. [6], the medical therapy can sufficiently used to treat the chronic change-free sinusitis, in line with the present findings. Reportedly, the smoking interferes with leukocyte phagocytic adherence and chemotaxis as well as elevates the level of cytokines like interleukin. However, no definitive conclusions are available regarding the decreasing or increasing effect of smoking on postoperative sinusitis during dental implantation [10, 21-23].

#### **CONCLUSION**

The findings showed that the risk factors of sinusitis after implant surgery were Schneiderian membrane rupture and preoperative sinusitis, as well as smoking and residual bone height were the parameters elevating the dental implant failure risk.

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