**Table 3. Results obtained in the smile-related self-esteem.**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **AUTOESTIMA** |  |  | **A** | **B** | **C** | **D** | **E** | F |
| Do you feel satisfied with the conditions of your smile? | **Initial** | - Not at all.  - Since when?  - Since a long time, I think ... it's been a long time since I've been to the dentist. | Not at all. Since about six months. | No. | Not at all. It's been a while. Years. | Not at all. It's been a while. I do not know how long. | Not at all. Since last year. |
| **Final** | Yes. | Yes. | Yes. | I feel. | Yes. | I passed the Christmas with a beautiful teeth. |
| Do you limit your contacts with other people because of the conditions of your smile? | **Initial** | Not too bad. But sometimes I'm ashamed because my teeth are too yellow. | More or less. It depends on the people. | No. | No. | Not at all. I'm not ashamed to smile | Not at all. It is Normal. |
| **Final** | Not anymore. | What kind of contact? Not at all. | I have no more. I had, because when I was younger, my teeth were all black. The milk teeth. But after the treatment it got better. I want to smile more and I do not feel ashamed. | Not anymore. Before I was ashamed because they were yellow. | Not at all. I do not feel ashamed. | It changed because of the darkness there were in the anterior teeth. |
| How important is your smile? | **Initial** | I do not know .... I think it's a beautiful person to smile at. | A lot. Because I do not know, right? A lot | From zero to ten? 10. | A lot. I value it very much | ... I do not know | From zero to ten? Ten. Everyone says my smile is beautiful. |
| **Final** | All the importance. Because the people used to think me very unfriendly because they did not smile at anyone. Now it's just smiles ... laughs. | It is what changes a person ... (shy) ... she looks more beautiful ... the appearance changes a lot ... values. | A "bit". Because he's much better now. I want to take good care of him not to lose my teeth. | I give a lot of value. I'm always brushing. From 0 to 10? 10. Because it's clearer, better. It's a nice nice smile. | From zero to ten? Nine. | Pretty, white teeth and done. Take care, always brush your teeth, every day, clean with dental floss. |
|  | Do you worry about your smile? | **Initial** | Yes. | Yes (gesture with the head). | Not at all. But then he felt confused and said yes. | I am worried. | Yes ... I fell worried | No. |
| **Final** | Just a little bit now. Because white he is and I want it to last a lifetime. | Sufficiently. | I worry because I think it's best that way. | I am worried...No !!! What worried me has already resolved. I just want to keep it that way. | I am worried. Why? I do not know ... I want to keep them healthy. | Not at all. Because before it was ugly and now it looks more beautiful. |

Initial - before the dental treatment; Final - after the dental treatment.